

Botox and Dysport Cosmetic Pre and Post Care Instructions

*****Immediately following your treatment, please do not lie down for 2 hours*****

*****Refrain from heavy exercise for 24 hours*****

1. It is helpful to avoid blood thinning over-the-counter medications such as Aspirin, Motrin, and Aleve. Tylenol is OK to use. Please notify practitioner if you are using prescription or non-prescription blood thinners so extra precaution can be taken to avoid bruising. If bruising occurs, it is most common around the eyes and can typically be covered using makeup. While we make every effort to avoid bruising, this may occur because the skin around the eyes is very thin and there are several small vessels in this area. Bruising is usually minimal and may take several days to resolve completely.
2. If this is your first time receiving a Botox and/or Dysport treatment at our office, a "Before" photo may be taken. Your treatment will take effect in anywhere from 2 days to 2 weeks, but most commonly within 3-5 days. Since everybody is different, your Botox and/or Dysport Cosmetic treatment is tailored specifically for you, therefore we would like to see you back in 2 weeks for a quick check of your treatment outcome. Any refinements to your dose will be done at that time.
3. We would like to see you return in 2 weeks to make sure both you and I are satisfied with the results! We appreciate your trust in us. At that time we may also take your "After" photo for your patient file. This photo will not be shared without your expressed written permission.
4. Avoid any massage or pressure to the area, as this may disrupt placement of the drug. If you would like to re-apply makeup, please do so gently over the treated area.
5. Allergan, the manufacturer of Botox, as well as our own patient experiences, report the average duration of results is approximately 3-4 months. It is important to maintain regular injection intervals to maintain an optimal aesthetic result and prevent returning to your original pre-treatment condition.
6. Let us know if you have any comments, questions or concerns. Our entire staff is committed to patient education, safety and care.